



AGED CARE INFORMATION SESSION

Confused about aged care? You're not alone. Navigating aged care can be emotionally and financially overwhelming. Join our FREE aged care information session to understand your options, recent changes, and available support — straight from the experts. This free community information session will help you understand the aged care journey, recent reforms, and the support available to you or anyone wanting to know about aged care services.

WHEN

Tuesday 3rd March 2026 - 1.45pm to 4.30pm
Please arrive at 1.30pm for a 1.45pm start.
Afternoon tea provided

WHERE

Moorayt Room – Community Building at Heywood Rural Health 21 Barclay Street, Heywood 3304

GUEST SPEAKERS

Marty Pitts - Aged Care Specialist Officer from Services Australia

Emma Arthur - Accredited Aged Care Financial Planner from Boyd McDowell

John Bradshaw - Community Engagement Professional from LiveUp



HEYWOOD RURAL HEALTH PRESENTS THIS FREE COMMUNITY EVENT

**RSVP BY 25TH FEB 2026
(03) 55270555
OR EMAIL
INFO@HEYWOODRURALHEALTH.VIC.GOV.AU**

TOPICS INCLUDE SUPPORT SERVICES DELIVERED AT HOME, RESIDENTIAL AGED CARE, HOW TO ACCESS SERVICES AUSTRALIA & MY AGED CARE, COSTS INVOLVED, OBTAINING FINANCIAL ADVICE, TOOLS AND RESOURCES TO SUPPORT INDEPENDENCE & SOCIAL CONNECTION





Aged Care Information Session – Get the Facts, Support & Guidance You Need

Navigating aged care can feel overwhelming — but you don't have to do it alone. Join us for an informative session featuring three experienced professionals who will help you understand your options, plan with confidence, and stay connected in your community.

Marty Pitts, Aged Care Specialist Officer (ACSO) with Services Australia, will explain the different types of aged care services available and how an ACSO can support you by:

- Referring you for an aged care assessment
- Assisting with appointing a Registered Supporter for My Aged Care
- Providing financial information about aged care services
- Connecting you with local support services

Whether you're looking for help at home or considering residential aged care, Marty's presentation will help you better understand the process and next steps.

Emma Arthur, award-winning Accredited Aged Care Professional Financial Planner and 2019 *Women in Finance – Financial Planner of the Year*, will share her expertise in retirement and aged care planning. Based in Warrnambool, Emma specialises in tailored strategies for aged care, Services Australia and DVA advice, and long-term financial planning, helping individuals and families make informed decisions with confidence.

John Bradshaw, Community Engagement Professional from LiveUp, will introduce practical tools and resources designed to support independence and social connection, including:

- Healthy ageing articles and exercise guides
 - A local activity directory
 - Simple solutions and assistive product ideas
 - Access to a free support line
- (With resources available for First Nations and multicultural communities.)

This session is ideal for older Australians, carers, family members, and anyone planning ahead for aged care.